

THE APPELY'S BREAKFAST MENU

FRUIT JUICES

Orange, Pineapple, Grapefruit or Cranberry

STARTERS

Cornflakes, Weetabix, Frosties, Rice Krispies, Coco Pops, BranFlakes, Muesli, All Bran, Grapefruit Segments or Prunes

MAIN MENU

Full English Breakfast

(Egg, Bacon, Sausage, Fried Bread, Tomato and Beans)

Vegetarian Full English Breakfast

(Egg, Vegetarian Sausage, Mushrooms, Hash Brown, Fried Bread, Tomato and Beans)

Boiled Eggs

Scrambled Egg on Toast (*)

Poached Eggs on Toast (*)

(* these can be served with Bacon and Tomatoes)

Beans on Toast

Smoked Kippers

Smoked Haddock - with or without Poached Egg

Croissants

Bacon or Sausage Sandwiches

(served on White or Wholemeal Bread/Toast)

Tea or Fresh Coffee served at your table.

Decaffeinated Tea/Coffee, Herbal & Fruit Teas are available.

White or Wholemeal Toast is served with a selection of Marmalades, Preserves and Butters on your table.

